



Dr. Rath

OPC™ *Grape seed extract*

The vital supplementary micronutrient with secondary plant substances extracted from grape seeds

Biologically active plant substances can be described as “phytobiologicals”. They are produced solely within plants, where they – as secondary plant substances – serve to protect and preserve the plant. The supply of secondary plant substances to our bodies can be ensured by consuming a balanced diet containing plants and their fruits and seeds.

Depending on their structure, the collective term “secondary plant substances” comprises a variety of groups and sub-groups from which many different functions derive. The so-called polyphenol group contains numerous examples.

Grape seeds are rich in polyphenols. They include the well-known oligomeric proanthocyanidins (OPC) and other secondary plant substances. For an additional intake of grape seed polyphenols, dietary supplements are a common source of supply.

Dr. Rath OPC™ contains a grape seed extract with a total content of at least 60% polyphenols. For protection of the ingredients and their natural synergies, polyphenol-rich grape seeds are processed very gently. The extraction (dissolving) method is exclusively based on the use of water in the low temperature range.

Contents of one capsule:

Grape seed extract* 420 mg

* With a total polyphenol content of at least 60%

Recommended allowance:

Adults: 1 capsule 2 times per day with sufficient liquid (water, juice, tea), at mealtimes

Presentation: 60 capsules* per jar

Order No.: 031

*The capsule shell consists of hypromellose. Suitable for vegetarians.

Special Formula

Dr. Rath OPC™ is a Special Formula in the Dr. Rath Cellular Nutrient Programme. Our Special Formulas were designed for an extra supply of selected micronutrients. They allow for the specific supplementation of individual nutrient factors.

Dr. Rath OPC™ can be combined with both our Basic Formulas and our Basic and Reconstructive Formulas.

