



Illioforte™

Reconstructive Formula with cellular nutrients to help metabolize nutrients

Our food supplies us with important nutrients for our daily life. It contains fuels for generating biological energy, materials for building and maintaining cells and tissues, means for transporting nutrients, and regulatory or messenger substances of cellular functions.

A large number of organs and cells are involved in the processes of taking in food, digesting it, and transporting nutrients to all our body cells. The proper operation of these organ and cell systems is an important

prerequisite for ensuring that food is properly digested, that its components are well assimilated by the body, and that they can be transported to reach all organs and cells in our body.

Certain vitamins and other micronutrients (cellular nutrients) are required for supporting the cells of the gastrointestinal system in performing their highly specific tasks. Cellular nutrients assist the operation of the alimentary tract and thereby help metabolize nutrients.

Illioforte™ is a Reconstructive Formula in the Dr. Rath Cellular Nutrient Programme. The ingredients in **Illioforte™** support cellular metabolism in many ways simultaneously, e.g.:

- With vitamin B6 to assist the normal protein and glycogen metabolism
- With folic acid and vitamin B12 to assist in cell division (including the inner cell-layer of the gastrointestinal tract)
- With vitamin C and vitamins B6 and B12 as a contribution to normal energy metabolism
- With vitamin C as a contribution to protecting the cells against oxidative stress and increasing the intake of iron

Contents of one capsule:

Vitamin C obtained from:		
Calcium ascorbate	66.7	mg
Vitamin B6	2.1	mg
Vitamin B12	3.0	µg
Folic acid	133.3	µg
Peppermint extract	10	mg
Ginger	10	mg
Betaine	33.3	mg
L-glutamine	33.3	mg
Papain	33.3	MCU
Bromelain	33.3	GDU

Recommended allowance:

Adults: 1 capsule 3 times a day. Take at mealtimes with plenty of liquid (water, juice, tea).

Presentation: 90 capsules* per jar

Order No.: 017

* The capsule shell consists of hypromellose. Suitable for vegetarians.

Reconstructive Formula

Illioforte™ contains selected micronutrients in a synergistic combination. This Reconstructive Formula has been developed for combining with our range of Basic Formulas. It provides specific vitamins and other important components to help metabolize nutrients.

