



Relavit™

Reconstructive Formula with cellular nutrients for supporting the normal function of the blood vessels and muscles

We can distinguish three kinds of muscle: the striated skeletal muscles, the smooth muscles and the cardiac muscle. In contrast to the striated skeletal muscles, which we can deliberately control, the smooth muscles work beyond our control, influenced by various body mechanisms.

The smooth muscle cells are components of many of our body's organs. They help build the vascular walls of the arteries, the smaller blood vessels and the capillaries, and are also found throughout the entire gastrointestinal tract, in the urinary bladder and gallbladder walls, in the respiratory tract and in the eyes.

Like other muscle cells, they too require nutrients to perform well. Smooth muscle cells have an ability to contract and relax in a rhythmical fashion. When the smooth muscle cells building the blood vessels or air passages are stretched, the internal diameter of these biological pipelines is reduced, impairing the blood or air flow. Conversely, when smooth muscle cells relax these passages become wider.

Relavit™ is a Reconstructive Formula in the Dr. Rath Cellular Nutrient Programme. The ingredients in Relavit™ support cellular metabolism in many ways simultaneously, e.g.:

- With magnesium and calcium as a contribution to supporting the normal functioning of muscle cells and muscles
- With vitamin C to assist collagen formation for the normal function of the blood vessels
- With vitamin E and vitamin C as a contribution to protecting the cells against oxidative stress

Contents of one tablet:

Vitamin C obtained from:		
Calcium ascorbate	166.7	mg
Magnesium ascorbate	166.7	mg
Vitamin E	27.5	mg
(<i>D-alpha-tocopherol</i>)		
L-arginine	250.0	mg
Calcium	66.7	mg
Magnesium	133.3	mg
Citric bioflavonoids	33.3	mg

Recommended allowance:

Adults: 1 tablet 3 times a day. Take at mealtimes with plenty of liquid (water, juice, tea).

Presentation: 90 tablets per jar

Order No.: 005

Reconstructive Formula

Relavit™ contains selected micronutrients in a synergistic combination. This Reconstructive Formula has been developed for combining with our range of Basic Formulas. It supplements the spectrum of essential nutrients with other important cellular factors to assist in the normal functioning of the blood vessels and muscles.

