



Dr. Rath's Probiotics™

New!

Basic Formula for supplementing the diet with an extra supply of lactic acid bacteria

Probiotics are viable microorganisms, mostly represented by lactic acid bacteria. The vast majority of them settle as part of the intestinal flora in the small and, especially, in the large intestine.

Lactic acid bacteria are absorbed via food, for example, through fermented vegetables or sour milk products such as kefir or condensed milk. Another source can be yoghurts or yoghurt drinks, whose effects are well known. Food supplements can be used as a source for complementing the intake of lactic acid bacteria.

For this purpose, a special combination of lactic acid bacteria has been developed to complement the Dr. Rath Cellular Nutrient Programme with a completely new formula, the **Dr. Rath's Probiotics™ Basic Formula**.

Dr. Rath's Probiotics™ Basic Formula combines selected lactic acid bacteria from 8 different bacterial strains. These include bifidobacteria, bacteria from the genus lactobacillus, and the special subspecies streptococcus thermophilus of the genus streptococci.

In addition to the specific choice of lactic acid bacteria, **Dr. Rath's Probiotics™ Basic Formula** is also characterized by additional factors:

- The formula contains inulin, a complex sugar that can be used by the lactic acid bacteria as a food source. Thus, the growth of the supplied bacterial strains is stimulated in the intestine. Inulin cannot be digested from the human intestinal tract.
- The capsule used for the formula is resistant to gastric juice. This is an important quality parameter for protecting the lactic acid bacteria during their passage into the intestine.
- The number of viable lactic acid cultures has been deliberately chosen. Through taking the daily recommended dose of 2 capsules the diet can be complemented with up to 4×10^9 lactic acid bacteria.

Contents of one capsule:

Number of Cultures: 2 x 10⁹

- *Bifidobacterium bifidum*
- *Bifidobacterium lactis*
- *Lactobacillus acidophilus*
- *Lactobacillus casei*
- *Lactobacillus plantarum*
- *Lactobacillus rhamnosus*
- *Lactobacillus salivarius*
- *Streptococcus thermophilus*

Recommended allowance:

Adults: 1 capsule twice a day with lukewarm liquid, about 30 min before a meal.

Recommended allowance per daily intake:

4 billion colony forming units (CFU)

Presentation:

60 enteric coated capsules* per jar

For long-term preservation of the lactic acid cultures we recommend storing the jar in a cool, dry place.

Order No.: 036

*Capsule shell consists of hypromellose (cellulose). Suitable for vegans.

Basic Formula

Dr. Rath's Probiotics™ is a Basic Formula in the Dr. Rath Cellular Nutrient Programme. The formula contains 8 different probiotic bacterial strains: Bifidobacterium (B.) bifidum, B. lactis, Lactobacillus (L.) acidophilus, L. casei, L. plantarum, L. rhamnosus, L. salivarius and Streptococcus thermophilus.

