



VitacorTM Junior

Basic Formula for supplementing the daily diet

Vitacor JuniorTM: based on the proven Vitacor PlusTM Basic Formula; with halved dosage and in the form of smaller tablets

Nutrition is of great importance for the normal metabolism of the somatic cells. It should be balanced and rich in micronutrients.

Vitamins, minerals, trace elements and other nutrient factors perform countless functions in our bodies and should be ingested regularly. Their contribution to the normal functioning of the immune system, and their assistance with iron intake and iron metabolism, are just two of their very many supporting functions.

Vitacor JuniorTM is a cellular nutrient formula designed to supplement the daily food intake with a large number of micronutrients. This Basic Formula contains exactly the same ingredients as the Vitacor PlusTM Basic Formula, but differs in the dosage and size of the vitamin tablets. These contain half of the ingredient dosages and are correspondingly smaller and easier to swallow.

Vitacor JuniorTM is a direct follow-up to the proven Vitacor PlusTM Basic Formula. Its ingredients support cellular metabolism in many ways simultaneously:

- With B vitamins (vitamins B1, B2, B3, B5, B6, B12 and biotin) and vitamin C to support normal energy metabolism
- With vitamin E, vitamin C, vitamin B2, zinc and selenium as an important contribution to the protection of the cells against oxidative stress
- With folic acid, vitamin A (beta-carotene), vitamin D, vitamin C, selenium and copper as an important contribution to the normal function of the immune system
- With vitamin C to support collagen formation for the normal function of blood vessels, bones and cartilage, gums, teeth and skin
- To assist iron intake (vitamin C) and contribute to normal iron metabolism (vitamin A, vitamin B2) and the transport of iron within the body (copper)

Contents of one tablet:

Vitamin C obtained from.....	100.0	mg
Ascorbyl palmitate	28.4	mg
Vitamin E.....	14.6	mg
Vitamin A.....	79.2	µgRE
<i>(Beta carotene)</i>		
Vitamin B1.....	1.2	mg
Vitamin B2.....	1.2	mg
Vitamin B3.....	7.5	mg
Vitamin B5.....	6.7	mg
Vitamin B6.....	1.7	mg
Vitamin B12.....	3.4	µg
Vitamin D3.....	0.54	µg
Folic acid.....	15.0	µg
Biotin.....	10.9	µg
L-proline.....	18.4	mg
L-lysine.....	18.4	mg
L-carnitine.....	5.9	mg
L-arginine.....	6.7	mg
L-cysteine.....	5.9	mg
Calcium.....	9.17	mg
Magnesium.....	6.4	mg
Potassium.....	3.4	mg
Zinc.....	1.2	mg
Manganese.....	217.0	µg
Copper.....	55.0	µg
Selenium.....	3.4	µg
Chromium.....	1.7	µg
Molybdenum.....	0.7	µg
Inositol.....	5.7	mg
Coenzyme Q10.....	1.2	mg
Phosphorus.....	2.5	mg
Pine bark extract (Pycnogenol®).....	1.2	mg
Citrus bioflavonoids.....	16.7	mg
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Additional natural vitamin E.....	1.26	mg
<i>(Beta-, gamma- and delta-tocopherol)</i>		
Additional natural carotenoids.....	211	µg
<i>(Alpha-carotene, lutein, zeaxanthin and cryptoxanthin)</i>		

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Recommended allowance:

1 tablet 3 times a day. Take at mealtimes with plenty of liquid (water, juice, tea) (variable, depending on requirement and age).

Presentation: 90 tablets per jar

Order No.: 021

Basic Formula

Vitacor JuniorTM is a Basic Formula in the Dr. Rath Cellular Nutrient Programme. The dosage of the Vitacor Plus Basic Formula is halved and the tablets are distinctly smaller, so easier to swallow.

