Vitacor Plus[™] & Vitacor CAP

Basic formula for supplementing the daily diet — from adolescence to old age

Vitacor Plus™: A fundamental supply of selected micronutrients for promoting physical and mental performance

Micronutrients are of fundamental importance for the metabolism of our cells. They have countless tasks and functions. Among these, for example, they function as catalysts in energy metabolism, strengthen the immune system function, participate in anabolic and catabolic processes, in supporting cell growth, and help protect the cells from oxidative stress. A regular supply of cellular nutrients is required so that our cells can perform their manifold tasks.

functions. Vitacor Plus[™] thus makes a valuable contribution to the daily diet. The ingredients in Vitacor Plus[™] have been carefully combined in accordance with the scientific principles of synergy. To supplement Vitacor Plus[™], we recommend Dr. Rath's Phytobiologicals[™] basic formula for an additional supply of selected biologically active plant substances.

Vitacor Plus[™] contains a selection of more than 30 cellular nutrients. These nutrients support the cells of our bodies in their daily metabolic

Vitacor Plus[™] is a basic formula in the Dr. Rath Cellular Nutrient Program.

The ingredients in Vitacor Plus™ support cellular metabolism in many ways simultaneously, e.g.:

- To protect the cells against oxidative stress, with vitamin E, vitamin C, vitamin B2, zinc and selenium
- To support normal energy metabolism by the contribution of the B vitamins (vitamins B1, B2, B3, B5, B6, B12 and biotin), magnesium and vitamin C
- To protect the normal function of the immune system, with the assistance of folic acid, vitamin A (beta-carotene), vitamin D, vitamin C, selenium and copper
- To assist in collagen formation with vitamin C, thereby supporting the normal function of blood vessels, bones and cartilage, gums, teeth and skin
- To protect the normal functioning of the nervous system, supported by vitamins B1, B2, B3, B6 and B12

Contents of one tablet/ one measuring spoon:

Vitamin C from:	L-lysine	36.7	ma	
Ascorbic acid				
Ascorbyl palmitate 56.7 mg		13.3		
Calcium ascorbate 33.3 mg	L-cysteine	11.7	mg	
Magnesium ascorbate 33.3 mg	Calcium	18.3	mg	
Vitamin E 29.1 mg	Magnesium	12.7	mg	
(D-alpha-tocopherol)	Potassium	6.7	mg	
Vitamin A 158.4 µgRE	Zinc	2.3	mg	
(Beta carotene)	Manganese	433		
Vitamin B1 2.3 mg	Copper	110.0) má	
Vitamin B2 2.3 mg	Selenium	6.7	mg	
Vitamin B3 15.0 mg	Chromium	3.3	mg	
Vitamin B5	Molybdenum	1.3	μg	
Vitamin B6 3.3 mg	Inositol	11.7	1 3	
Vitamin B12 6.7 μg	Coenzyme Q10	2.3	13	
Vitamin D31.1 μg	Phosphorus		μg	
Folic acid	Pine bark extract	2.3	mg	
Biotin 21.7 μg	(Pycnogenol®)			
L-proline 36.7 mg	Citrus bioflavonoids	33.3	mg	
Additional natural vitamin E	2	58	mg	
(Beta-, gamma- and delta-tocopherol		50	9	
Additional natural carotenoids		3.3	μg	
(Alpha-carotene, lutein, zeaxanthin ar	nd cryptoxanthin)		, 5	

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Recommended allowance Vitacor Plus™:

Adults: 1 tablet 3 times per day. Take at mealtimes with plenty of liquid (water, juice, tea).

Contents: 90 tablets per container | Order No.: 001

Recommended allowance Vitacor Plus™ *Drink*:

Adults: 1 measuring spoonful 3 times per day at mealtimes with plenty of liquid (juice, tea).

Contents: 243 g powder per container | Order No.: 033

Recommended allowance Vitacor^{CAP}:

Adults: 1 capsule 2 times per day. Take at mealtimes with plenty of liquid (water, juice, tea).

Contents: 60 capsules per container | Order No.: 301

Basic Formula

Vitacor Plus[™] is a basic formula in the Dr. Rath Cellular Nutrient Program. Also available as Vitacor^{CAP} — 60 cellular nutrient capsules in a balanced formula, with half the dosage of Vitacor PlusTM and at a reasonable introductory price.



