



Dr. Rath PhytoPro M™

The Phytobiologicals Reconstructive Formula with biologically active plant substances

Phytobiologicals are biologically active natural substances that are contained in many plants and fruits. They play an important role in our diet and provide important nutritional factors to our body cells.

Pumpkin seeds have long been a dietary component in many cultures because of their positive health benefits. Like the fruit of the saw palmetto, they are an important source of phytosterols. Phytosterols resemble cholesterol in their structure and form a kind of precursor molecule for the formation of other functional structures.

As traditional plants, stinging nettles also have many health benefits. Extracts from the nettle root contain lignans, among

other things. Lignans belong to the group of phytoestrogens. Genistein is another phytobiological which is counted among the phytoestrogens. It can be found in soybeans in abundance.

Pomegranate seeds contain a wide variety of biologically active components. Among them ellagic acid, a phytoantioxidant that lends the pomegranate its slightly bitter taste, is of significance. The tomato is an important source of another phytoantioxidant. It contains large amounts of lycopene, which is a carotenoid.

Dr. Rath PhytoPro M™ is a Reconstructive Formula in the Dr. Rath Cellular Nutrient Programme. It complements our Phytobiologicals Basic Formula and contains a selected combination of several biologically active plant substances. Its characteristic ingredients are extracts from pumpkin seeds, saw palmetto, nettle root, pomegranates, and also other selected phytobiologicals.

Contents of one capsule:

Pumpkin Seed Extract	150	mg
Saw Palmetto Extract	75	mg
Nettle Root Extract	75	mg
Pomegranate Extract	50	mg
Beta-Sitosterol	50	mg
Genistein	7.5	mg
Lycopene	1.9	mg

Recommended allowance:

Adults: 2 capsules 2 times a day. Take at mealtimes with plenty of liquid (water, juice, tea).

Presentation: 120 capsules* per jar

Order No.: 026

* The capsule shell consists of hypromellose. Suitable for vegetarians.

Reconstructive Formula

Dr. Rath PhytoPro M™ contains seven plant extracts and biologically active plant substances.

This Reconstructive Formula extends our range of selected phytobiologicals to supply additional nutrients and is designed to be used in combination with our basic range of cellular nutrients.

