

Important note: This nutritional supplement is free from genetically modified plant substances. It is also free from gluten and does not contain any artificial colours or flavourings. The jars are manufactured from recyclable material. The capsule shell consists of fish gelatine.

Ingredients: fish oil, including 60% omega-3 fatty acids EPA and DHA. Capsule shell: fish gelatine and wetting agent glycerine, vitamin E. Coating material: hypromellose, gellan, glycerine and natural citrus fruit flavour.

We are legally obliged to give the following warnings: The recommended daily intake quantities stated must not be exceeded. Nutritional supplements should not be used as a substitute for a balanced and varied diet. Keep the product out of the reach of children.

Store in a dry place at room temperature.

Nutritional supplement • 60 fish oil capsules (47.6 g)

Best before end: see base of jar

A Quality Product of Dr. Rath Health Programs B.V.
Postbus 657 • 6400 AR Heerlen • The Netherlands
Produced in Belgium

UK

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Responsibility for a healthy world

Dr. Rath Omega E™



Citrus-flavoured

SPECIAL FORMULA

Nutritional supplement

60 fish oil capsules | 2 times a day

Dr. Rath Omega E™

fish oil capsules contain the polyunsaturated omega-3 fatty acids EPA and DHA, plus, for oxidation protection, vitamin E in its naturally occurring d-alpha-tocopherol form, for daily supplementation of the diet.

Recommended dose:

2 capsules a day at mealtimes with plenty of liquid (water, juice, tea). Capsules should be swallowed, not chewed.

Two capsules contain:

		NRV* %
Fish oil	1000 mg	—
including omega-3 fatty acids		
- EPA (<i>Eicosapentaenoic acid</i>).....	350 mg	—
- DHA (<i>Docosahexaenoic acid</i>).....	250 mg	—
Vitamin E.....	20 mg	166,6

*NRV (Nutrient Reference Values) = Percentage of nutrient reference values according to Regulation (EU) No 1169 of 2011



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